



BURLEIGH BEARS JUNIOR RUGBY LEAGUE JUNIOR FOOTBALL CLUB (BBJRLFC) COVID-19 SAFETY PLAN

Version 3
24 August 2020

You will see some further updates from our most recent plans – based on what has been experienced in the first few rounds and recent events in the South-East of QLD.

As you are all aware we are dealing with the effects of Coronavirus disease (COVID-19) an infectious disease caused by a newly discovered coronavirus. Most people who fall sick with COVID-19 will experience mild to moderate symptoms and recover without special treatment.

Gold Coast Junior Rugby League incorporating Burleigh Bears JRLFC (BBJRLFC) have an obligation to comply with the current Public Health Orders in relation to the COVID-19 pandemic, but must also manage risks (including COVID-19) to Players, Volunteers, Parents/Guardians and Spectators in accordance with the Work Health and Safety Act 2011.

Burleigh Bears JRLFC is required to develop a COVID-19 Safety Plan based on the Queensland Rugby League 'Return to Play' Handbook (V5) and Industry Covid19 Safety Plan. That plan sets out the specific tailored measures that will be applied at our Clubhouse and grounds. This is also incorporated with our Workplace Health and Safety obligations.

Further this document also includes several attachments which will serve as our operational directive and advice to Players, Volunteers, Spectators and Parents. It is also important to understand this is a live document and will change as government regulations or QRL requirements change.

Please ensure you read this document thoroughly to ensure we can continue with our season and keep the safety of our players, families and supporters front of mind at all times.

General Information

As part of your return to the playing field we want to ensure you are aware of the CovidSafe standards we have implemented within our JRLFC to ensure the environment is as safe as possible. We will ensure every endeavour is made to;

- clean the Burleigh Junior Club and surrounds regularly and thoroughly,
- restructure the layout of the Club to allow for physical and social distancing,
- limit the number of people in the BBJRLFC at any given time in line with Government requirements. As the number changes so will our response.

You can help in ensuring our Club is Covid19 free by;

- Washing your hands often with soap and water including before and after eating and after going to the toilet,
- Use alcohol-based hand sanitisers when you can't use soap and water,
- Avoid touching your eyes, nose and mouth,
- Clean and disinfect surfaces and objects we use often such as benchtops/counters,
- Encourage the use of EFTPOS where possible,
- Avoid congregating together keeping physical distance as much as possible,
- Avoid touching, shaking hands or hugging and ensure good personal hygiene, when sneezing and coughing, cover your coughs or sneezes with an elbow.
- Downloading the COVIDsafe app.

Detailed information is also attached to this document from Queensland Sport Industry COVIDsafe Plan which can be used as a guide for returning to play.

Slowing the Transmission

Everyone should continue keeping their distance from other people whenever possible. When we are around other people, it is important we practice physical and social distancing (1.5m) and good hygiene. Signs outlining, personal hygiene, social distancing, COVIDsafe app will be placed strategically around the club to remind players, officials, parents, and volunteers.

All participants and volunteers with mobile phone access are encouraged to download the COVIDSafe app, which works alongside physical distancing, good hygiene and enhanced testing to slow the spread of coronavirus.

Good Hygiene Practices during training and playing;

Venue Sanitation:

General information on sanitation of venues/facilities /equipment can be found using the using the QLD Health Cleaning and disinfection Protocols. Frequently touched areas such as all high contact surfaces, will be sanitized prior to and post training and games.

Water stations: We will limit the use of water bubbler/tap use. If in use, taps or water barrels should be attended to by a single official to refill water bottles and provide, paper towels, hand sanitizer, single use cups and a covered waste bin for used items must also be present. The Official will ensure that careful hygiene and sanitation processes are maintained. Change Room Facilities use must be limited. It is recommended that they remain closed as they require sanitation after each use. Only exception to this should be for access to toilet facilities if required for participants. Please bring your own water bottles to training and have them filled prior to your attendance at the grounds – we will not be filling water bottles from the fields and surrounding taps. These taps are all in the process of having the tap heads removed to minimize the risk of contamination.

Toilets: Toilets must be cleaned and sanitised prior to and post training and games. Soap and paper towels must always be available and all rubbish bins emptied at regular intervals. Toilets must have signage indicating hygiene processes. BBJRLFC have been in touch with Gold Coast Council regarding the public toilets. Kids are to keep the highest standards of personal hygiene when using toilet facilities – please remind your children of the risks associated with incorrect hygiene practices in and around the toilets. A roster will be done for game/training days which will include the checking and cleaning of the toilet facilities.

Grandstands and general seating: It is recommended that grandstands and spectator seating be closed as these are likely to become frequently touched surfaces and will require regular cleaning and sanitation, further adding to club operational costs. The area directly outside the Clubhouse will be setup to have social/physical distancing requirements included. Please minimize usage on the club grand stand – the current environment is being reviewed as to whether this stand will continue to be used.

Canteen/Clubhouse: Good personal hygiene and food safety practices must always be employed. Good hygiene and sanitation are important to avoid cross contamination between raw or uncooked foods and cooked or ready to eat foods in the kitchen.

Meals in our canteen will be served via the outside window on weekdays – Thursday night main meals will be served via the internal window and patrons must be seated at a table to be allowed to eat within the club. The club canteens are required to meet the requirements of the Food Standards Code noting the workers/volunteers must stay home if they have any symptoms (Symptoms include, coughing, sweating or shortness of breath). Canteens provide food in accordance with food handling protocols ensure that service points allow for all patrons to ensure social distancing.

Carparks, viewing areas and entry points must be vacated as soon as possible ensuring social distancing protocols are adhered to.

Player Meeting and Assessment Area: The meeting area will vary for age groups as per the end of this document – parents are not to enter the fields at all unless directed by a member of team coaching staff or the committee. This includes meeting at specific meeting points and being signed in/out as well as relevant health checks. We will ensure there is enough room to allow social distancing for the participants about to train or leave the venue.

Quarantine Area: The dressing room closest to the carpark and softball fields entrance has been allocated as the Quarantine area. Any participants who have indicated they have flu like symptoms or fails the temperature test will be directed to this area. PLEASE NOTE – do not attend training if you have any flu like symptoms and please go and get tested for your own safety and that of your fellow club members. If anyone notices anyone at the club that appears to be suffering from symptoms one of the committee members must be notified immediately so appropriate measures can be taken.

Member Notification: If a member of the club reports a positive test it is important for BBJRLFC to advise QRL/Gold Coast Rugby League and all members of your Club immediately. QRL will be responsible for contacting other clubs that attended our venue at the time of the positive report.

It is a requirement for all participants and volunteers to have updated contact information, including emergency contacts in the National Registration Database. It is of critical importance that your contact details are correct/updated with BBJRLFC to ensure we are able to contact you in the case of an emergency. This includes all mobile phone and email contact details. PLEASE CHECK YOUR DETAILS ON MYSIDELINE and update often.

You will see the Safe work Australia guidelines below which outline our responsibility in the event of a positive/confirmed COVID19 case.

Suspected or confirmed case of COVID-19 at work

If the suspected or confirmed case of COVID-19 is at work



1. ISOLATE

Isolate the person from others and provide a disposable surgical mask, if available, for the person to wear.



2. INFORM

Ring the national COVID-19 hotline (1800 020 080). Follow the advice of health officials.



3. TRANSPORT

Ensure the person has transport to their home or to a medical facility.



4. CLEAN

Clean the area where the person was working and all places they have been. This may mean evacuating those areas. Use PPE when cleaning.



5. IDENTIFY

Identify who at the workplace had close contact with the infected person in the 24 hours before that infected person started showing symptoms. Send those people home to isolate. Allow employees to raise concerns.



6. CLEAN

Clean the area where the close contact people were working and all common areas they have been. This may mean evacuating those areas. Use PPE when cleaning.



7. REVIEW

Review risk management controls relating to COVID-19 and review whether work may need to change. Keep employees up to date on what is happening.

If the suspected or confirmed case of COVID-19 is not at work when diagnosed



1. INFORM

Ring the national COVID-19 hotline (1800 020 080). Follow advice of health officials.



2. IDENTIFY

Identify who at the workplace had close contact with the infected person in the 24 hours before that infected person started showing symptoms. Send those people home to isolate. Allow employees to raise concerns.



3. CLEAN

Clean the area where the infected person and their close contacts were working and all common areas they have been. This may mean evacuating those areas. Use PPE when cleaning.



4. REVIEW

Review risk management controls relating to COVID-19 and review whether work may need to change. Keep employees up to date on what is happening.

Remember:

- > From a WHS perspective, there is not an automatic requirement to close down an entire workplace, particularly if the person infected, or suspected to be infected, has only visited parts of the workplace.
- > Workers assisting the person who has suspected or confirmed with COVID-19 should be provided with appropriate PPE, if available, such as gloves and a mask. They should also follow hand hygiene procedures.
- > Be aware of privacy obligations.
- > Follow the advice of health officials at all times.



Participant arrival and assessment: Participants must wash or sanitize their hands prior to arriving at the venue. The Return to Play Readiness Checklist requires the maintenance of a record of people in attendance for the activity and direction of participants, volunteers, workers and visitors to stay at home if they are sick.

Players must be met at a designated Player Meeting and Assessment Area by a club official or team manager who ensures no one is unwell. Each participant must acknowledge that they do not have any of these symptoms or have been in contact with anyone that has had these symptoms (Note: individuals may present as asymptomatic but could transmit the virus) with records kept via an attendance sheet. If symptoms are present a temperature test will be conducted. Relevant players and officials will be temperature tested to ensure their temperature is less than 37.4 degrees. If the player or official fails the test they are to be isolated in the nominated area. Another test is to take place after 10 minutes and if no change is seen they are to be requested to leave the area immediately. Further, if the participant advises that they are experiencing any of the symptoms outlined they again are to proceed to the designated quarantine area and once social distancing space is established, they must leave the venue to be subsequently assessed by a medical professional. Arrangements should be made for the player or official to return home. Following this, any return to play may require a medical clearance.

If the participant confirms that they have no symptoms they should proceed directly to the designated training area with their belongings. For junior participants this should be under the direction of the coach, manager, or trainer. It is important that each group/team arrive at the entry point of BBJRLFC at the same time. It is the responsibility of the Coach/Manager to ensure this occurs and must restrict, as much as possible the number of each team including coaching staff.

THERE IS TO BE NOT PARTICIPANTS ON ANY FIELDS AT ANY TIME OUTSIDE THE ALLOCATED TRAINING TIMES – PLEASE DO NOT ARRIVE EARLY AND SIT AROUND THE CLUB.

Personal belongings: Participants are to come to training dressed and ready to participate with their own water bottle and towel both clearly labelled. These are not to be shared. Participants must limit their personal belongings and bags that are brought to training. Participant's bags and personal belongings must be placed 1.5m apart in a designated area allowing only small groups to retrieve belongings at any one time. All belongings should be marked with the name of the participant with all participants taking care of the own belongings, avoiding contact with any other equipment. Bags and personal belongings should be placed 1.5m apart in a designated area allowing only small groups to retrieve belongings at any one time. Coaches/Managers will be responsible for the allocation of a specific area. Please ask your child to take their school bags and any other items out of the club house and to their respective training areas whilst they are training – the club house is not able to store these bags and items. It is against COVID plans to enable these items to be scattered around the club house.

Spectators/Parents: To reduce the impact of these restrictions on volunteer resources it is not recommended that Parents /Guardians attend training during Level B restrictions. Parent attendance is to be minimized where possible. Social distancing is to occur for parents that attend and no parents are to enter the training fields without the express permission of a coach or other team staff member.

Government restrictions require physical distance of 1 person per 4m² off field

All people attending a venue must have their attendance tracked. QRL has provided all venues with a contactless attendance register via *Eva Checkin*. People attending venues must be compliant with physical distance requirements particularly in venue bottle neck areas. For example, entry and exit points, carparks, canteens and bars and other high touch areas. A Club Official must monitor the total attendance numbers for the venue in accordance with the off field restrictions noted above.

Post Training: The following process must be completed following each training session using the QLD Health Cleaning and Disinfection Protocols.

- All participants must wash their hands
- All participants may be required to leave the venue immediately following their respective game/training to maintain attendance requirement.
- All frequently touched surfaces and gameday equipment must be sanitised.
- Toilets cleaned and sanitised.
- All rubbish bins emptied and removed & sanitised / disinfected. Please ensure you place your rubbish in the nearby bins to minimise volunteer contact with items and create a contamination hazard

Duty Officials / Field Marshall: must be monitoring social distancing and venue bottle neck areas with a club official also monitoring the total attendance numbers for the venue. It is important to nominate a specific BBJRLFC volunteer/s to undertake this role. It is also a requirement for the announcements to be made over the loudspeaker or public address systems on a regular basis to remind parents and spectators about the rules around social distancing. Each team on game days will be required to provide volunteers to assist with the role of COVID supervisor and ensuring that participants and spectators both sign in and socially distance.

It is also incumbent upon BBJRLFC to 'Risk Assess' each of our volunteers to ensure they are not, firstly, unwell or have any symptoms and secondly are not in the high risk category for COVID-19. .

Post-Game: The following process must be completed following each training session using the QLD Health Cleaning and Disinfection Protocols.

- All participants must wash their hands,
- All participants may be required to leave the venue immediately following their respective game to maintain attendance requirement,
- All frequently touched surfaces and game day equipment must be sanitised,
- Toilets cleaned and sanitised,
- All rubbish bins emptied and removed & sanitised / disinfected,
- Must ensure all players leave the area immediately undertaking hygiene processes via the nominated EXIT point.

RESPONSIBILITIES AND OPERATING ENVIRONMENT

EGRESS AND EXIT POINTS

Entry and Exits may apply to various training locations and on game days. These will be clearly notified via social media, through coaches and signage will be around the club showing relevant rules and guidelines. The entry and exit may change as circumstance change. For example, training exit areas may be different during training, but the club will notify coaches and managers of any change.

During 'Game Day' sign on registration will take place at the allocated entry area to save 'double handling'.

The isolation area will be in the home dressing room which has been disinfected and has restricted entry/access.

Coaches

Coaches and Managers have an important role to play. You will be required to ensure you have a current list of your players and staff. It is important that each player is checked off the list on each occasion they train or play so we are aware of their presence at the club at any time. Further, you will be allocated training times and areas but the Club and be notified of game times closer to the season relaunch.

Your area also responsible for and required to;

- Ensure no player is showing symptoms or is unwell,
- Ensure the players remain as a group complying with social distancing and hygiene as much as possible,
- Ensure you train, warmup and play in your allocated area,
- Ensure you comply with the time frames allocated to your team regarding arrival and exit training and playing,
- Ensure you clean equipment after every use,
- Ensure each player is reminded to bring a water bottle and towel as required,
- Ensure the players remain within their allocated area and do not co-mingle with other players or officials.
- Arrange 'off site' strapping or massage prior to the game.

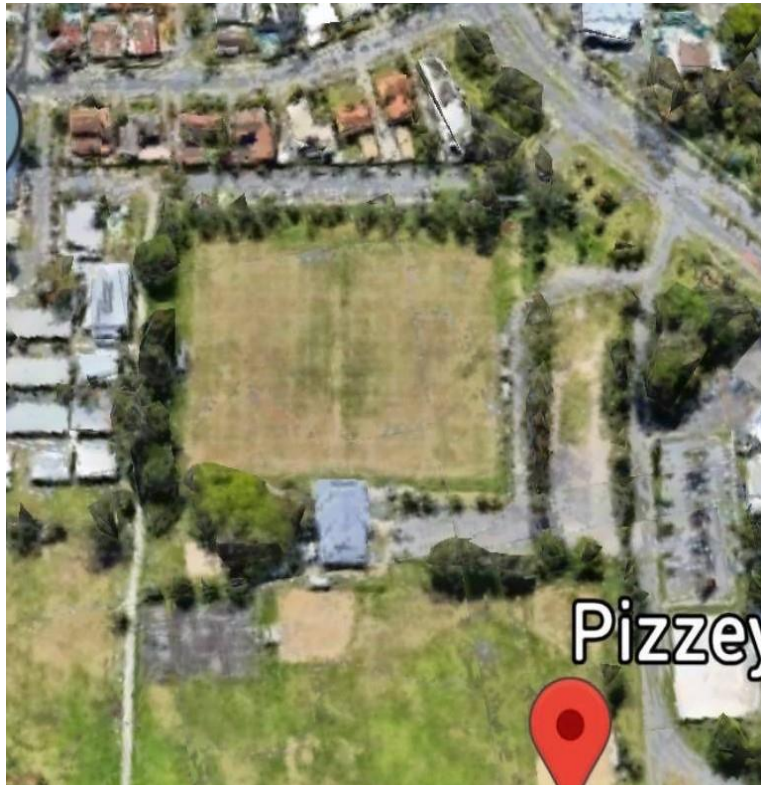
Volunteers

Just as coaches and managers have an important role so do the volunteers. This will be different to your usual role in that you will be required to ensure, as much as possible, social distancing is being undertaken. Your role may include;

- Cleaning areas of high use,

- Temperature checking players, volunteers, parents, coaches and any persons who enters the area,
- Undertaking the role of COVID Marshall ensuring social distances,
- Working with coaches and managers to ensure each player has been signed in or out,
- Use PPE including gloves and facemask if required.

FIELDS IN USE



TRAINING FIELDS AND LOCATIONS

Main fields



SOFTBALL FIELDS



MINI FIELDS

